


# Warm-up Exercises

Timpani: Cadet







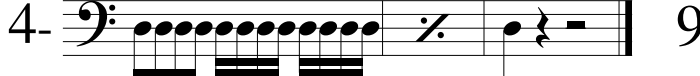
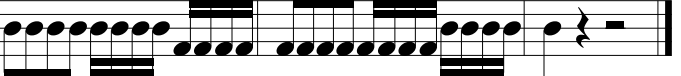

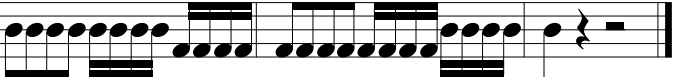
B. Ross  
based from K. Wylie Simple Steps

## Warm-up #1




R R R R R R R R L L L L L L L L R R R R R R R R L L L L L L L L


## Warm-up #3

1-  RLRLRLRLRLRL R	6-  LLRRLRLRLRLR L
2-  RLLRLRLRLRL R	7-  LLLRLRLRLRLR L
3-  RRRLRLRLRLRL R	8-  LRRRLRLRLRLR L
4-  RLLLRLRLRLRL R	9-  RRRRLRLRLRLR LLLRLRLRLRL R
5-  LRLRLRLRLRLR L	10-  RLRRLRLRLRLR LLLLRLRLRLRL R

## Warm-up #4



R L . . R L R . . R L . . R R L . . R L . . R L L . .



R L . . L R L . . R L . . R L . . R

## Warm-up #5



R R R R R R R R R R R R R R L L L L L L L L L L L L L L L L

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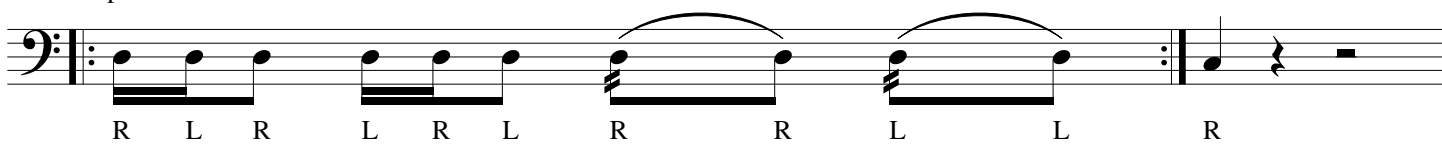
## Warm-up #6


A-   
 R L R R L R R R L R R L R

B-   
 R L L R L L L R L L R L R

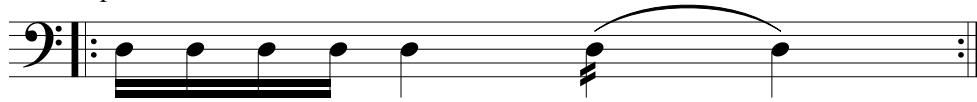
C-   
 R L R R R L R L L L R L R

## Warm-up #7

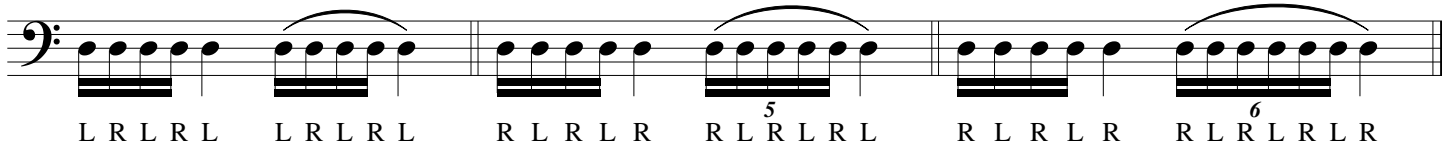
  
 R L R L R L R R L L R

  
 R L R L R L R L R L R

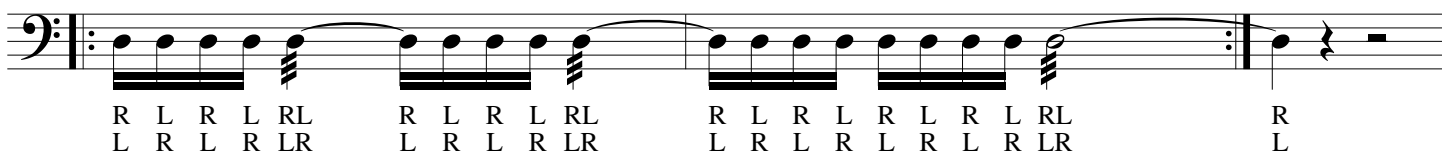
## Warm-up #8

  
 L R L R L L R L/R R/L

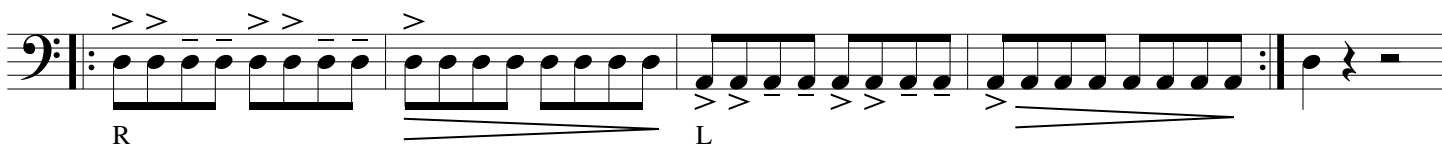
## Roll Base Extenders

  
 L R L R L L R L R L R R L R L R R L R L R L R

## Warm-up #9

  
 R L R L RL R L R L RL R L R L RL R L R L RL R

## Warm-up #10

  
 R L

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Warm-up #11

Warm-up #12

R (r) L (l) R (r) L (l) R (r) R (r) L (l) R (r) L (l) R (r)

L (l) L (l)

x R (r) R (r)

L (l) L (l)

Warm-up #13

R L R L R L L R L R L L L R R

L L L R L R L L R R R L L R R L R L L R L R

L L L L R L R R L R L L R R L L R

Warm-up #14

3 3 3 3 3 3 3 3

3 3 3 3 3 3 3 3